

## Read through the New Testament 5 days a week, 5 minutes a day.

**5 MINUTES A DAY** This is an easy-to-use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

**5 DAYS A WEEK** Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

### 5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Remember to keep a pen and paper ready to capture God's insights.

1. Underline or highlight key words or phrases in the Bible passage. Use a pen or

highlighter to mark new discoveries from the text.

2. Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
3. Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
4. Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
5. Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?

#### January 1<sup>st</sup> Mark 1

2<sup>nd</sup> Mark 2  
5<sup>th</sup> Mark 3  
6<sup>th</sup> Mark 4  
7<sup>th</sup> Mark 5  
8<sup>th</sup> Mark 6  
9<sup>th</sup> Mark 7  
12<sup>th</sup> Mark 8  
13<sup>th</sup> Mark 9  
14<sup>th</sup> Mark 10  
15<sup>th</sup> Mark 11  
16<sup>th</sup> Mark 12  
19<sup>th</sup> Mark 13  
20<sup>th</sup> Mark 14  
21<sup>st</sup> Mark 15  
22<sup>nd</sup> Mark 16

23<sup>rd</sup> Acts 1  
26<sup>th</sup> Acts 2  
27<sup>th</sup> Acts 3  
28<sup>th</sup> Acts 4  
29<sup>th</sup> Acts 5  
30<sup>th</sup> Acts 6

#### February 2<sup>nd</sup> Acts 7

3<sup>rd</sup> Acts 8  
4<sup>th</sup> Acts 9  
5<sup>th</sup> Acts 10  
6<sup>th</sup> Acts 11  
9<sup>th</sup> Acts 12  
10<sup>th</sup> Acts 13  
11<sup>th</sup> Acts 14  
12<sup>th</sup> Acts 15  
13<sup>th</sup> Acts 16  
16<sup>th</sup> Acts 17  
17<sup>th</sup> Acts 18  
18<sup>th</sup> Acts 19  
19<sup>th</sup> Acts 20  
20<sup>th</sup> Acts 21  
23<sup>rd</sup> Acts 22  
24<sup>th</sup> Acts 23  
25<sup>th</sup> Acts 24  
26<sup>th</sup> Acts 25  
27<sup>th</sup> Acts 26

#### March 2<sup>nd</sup> Acts 27

3<sup>rd</sup> Acts 28  
4<sup>th</sup> Hebrews 1  
5<sup>th</sup> Hebrews 2  
6<sup>th</sup> Hebrews 3  
9<sup>th</sup> Hebrews 4  
10<sup>th</sup> Hebrews 5  
11<sup>th</sup> Hebrews 6  
12<sup>th</sup> Hebrews 7  
13<sup>th</sup> Hebrews 8  
16<sup>th</sup> Hebrews 9  
17<sup>th</sup> Hebrews 10  
18<sup>th</sup> Hebrews 11  
19<sup>th</sup> Hebrews 12  
20<sup>th</sup> Hebrews 13  
23<sup>rd</sup> Galatians 1  
24<sup>th</sup> Galatians 2  
25<sup>th</sup> Galatians 3  
26<sup>th</sup> Galatians 4  
27<sup>th</sup> Galatians 5  
30<sup>th</sup> Galatians 6  
31<sup>st</sup> James 1

#### April 1<sup>st</sup> James 2

2<sup>nd</sup> James 3  
3<sup>rd</sup> James 4  
6<sup>th</sup> James 5  
7<sup>th</sup> Matthew 1  
8<sup>th</sup> Matthew 2  
9<sup>th</sup> Matthew 3  
10<sup>th</sup> Matthew 4  
13<sup>th</sup> Matthew 5  
14<sup>th</sup> Matthew 6  
15<sup>th</sup> Matthew 7  
16<sup>th</sup> Matthew 8  
17<sup>th</sup> Matthew 9  
20<sup>th</sup> Matthew 10  
21<sup>st</sup> Matthew 11  
22<sup>nd</sup> Matthew 12  
23<sup>rd</sup> Matthew 13  
24<sup>th</sup> Matthew 14  
27<sup>th</sup> Matthew 15  
28<sup>th</sup> Matthew 16  
29<sup>th</sup> Matthew 17  
30<sup>th</sup> Matthew 18

#### May 1<sup>st</sup> Matthew 19

4<sup>th</sup> Matthew 20  
5<sup>th</sup> Matthew 21  
6<sup>th</sup> Matthew 22  
7<sup>th</sup> Matthew 23  
8<sup>th</sup> Matthew 24  
11<sup>th</sup> Matthew 25  
12<sup>th</sup> Matthew 26  
13<sup>th</sup> Matthew 27  
14<sup>th</sup> Matthew 28  
15<sup>th</sup> Romans 1  
18<sup>th</sup> Romans 2  
19<sup>th</sup> Romans 3  
20<sup>th</sup> Romans 4  
21<sup>st</sup> Romans 5  
22<sup>nd</sup> Romans 6  
25<sup>th</sup> Romans 7  
26<sup>th</sup> Romans 8  
27<sup>th</sup> Romans 9  
28<sup>th</sup> Romans 10  
29<sup>th</sup> Romans 11

#### June 1<sup>st</sup> Romans 12

2<sup>nd</sup> Romans 13  
3<sup>rd</sup> Romans 14  
4<sup>th</sup> Romans 15  
5<sup>th</sup> Romans 16  
8<sup>th</sup> Ephesians 1  
9<sup>th</sup> Ephesians 2  
10<sup>th</sup> Ephesians 3

11<sup>th</sup> Ephesians 4  
12<sup>th</sup> Ephesians 5  
15<sup>th</sup> Ephesians 6  
16<sup>th</sup> Philippians 1  
17<sup>th</sup> Philippians 2  
18<sup>th</sup> Philippians 3  
19<sup>th</sup> Philippians 4  
22<sup>nd</sup> Colossians 1  
23<sup>rd</sup> Colossians 2  
24<sup>th</sup> Colossians 3  
25<sup>th</sup> Colossians 4  
26<sup>th</sup> Philemon 1  
29<sup>th</sup> 1 Corinthians 1  
30<sup>th</sup> 1 Corinthians 2

**July 1<sup>st</sup>** 1 Corinthians 3

2<sup>nd</sup> 1 Corinthians 4  
3<sup>rd</sup> 1 Corinthians 5  
6<sup>th</sup> 1 Corinthians 6  
7<sup>th</sup> 1 Corinthians 7  
8<sup>th</sup> 1 Corinthians 8  
9<sup>th</sup> 1 Corinthians 9  
10<sup>th</sup> 1 Corinthians 10  
13<sup>th</sup> 1 Corinthians 11  
14<sup>th</sup> 1 Corinthians 12  
15<sup>th</sup> 1 Corinthians 13  
16<sup>th</sup> 1 Corinthians 14  
17<sup>th</sup> 1 Corinthians 15  
20<sup>th</sup> 1 Corinthians 16  
21<sup>st</sup> 2 Corinthians 1  
22<sup>nd</sup> 2 Corinthians 2  
23<sup>rd</sup> 2 Corinthians 3  
24<sup>th</sup> 2 Corinthians 4  
27<sup>th</sup> 2 Corinthians 5  
28<sup>th</sup> 2 Corinthians 6  
29<sup>th</sup> 2 Corinthians 7  
30<sup>th</sup> 2 Corinthians 8  
31<sup>st</sup> 2 Corinthians 9

**August 3<sup>rd</sup>** 2 Corinthians 10

4<sup>th</sup> 2 Corinthians 11  
5<sup>th</sup> 2 Corinthians 12  
6<sup>th</sup> 2 Corinthians 13  
7<sup>th</sup> 1 Timothy 1  
10<sup>th</sup> 1 Timothy 2  
11<sup>th</sup> 1 Timothy 3  
12<sup>th</sup> 1 Timothy 4  
13<sup>th</sup> 1 Timothy 5  
14<sup>th</sup> 1 Timothy 6  
17<sup>th</sup> 2 Timothy 1  
18<sup>th</sup> 2 Timothy 2  
19<sup>th</sup> 2 Timothy 3

20<sup>th</sup> 2 Timothy 4  
21<sup>st</sup> Titus 1  
24<sup>th</sup> Titus 2  
25<sup>th</sup> Titus 3  
26<sup>th</sup> 1 John 1  
27<sup>th</sup> 1 John 2  
28<sup>th</sup> 1 John 3  
31<sup>st</sup> 1 John 4

**September 1<sup>st</sup>** 1 John 5

2<sup>nd</sup> John 1  
3<sup>rd</sup> John 2  
4<sup>th</sup> John 3  
7<sup>th</sup> John 4  
8<sup>th</sup> John 5  
9<sup>th</sup> John 6  
10<sup>th</sup> John 7  
11<sup>th</sup> John 8  
14<sup>th</sup> John 9  
15<sup>th</sup> John 10  
16<sup>th</sup> John 11  
17<sup>th</sup> John 12  
18<sup>th</sup> John 13  
21<sup>st</sup> John 14  
22<sup>nd</sup> John 15  
23<sup>rd</sup> John 16  
24<sup>th</sup> John 17  
25<sup>th</sup> John 18  
28<sup>th</sup> John 19  
29<sup>th</sup> John 20  
30<sup>th</sup> John 21

**October 1<sup>st</sup>** 1 Thessalonians 1

2<sup>nd</sup> 1 Thessalonians 2  
5<sup>th</sup> 1 Thessalonians 3  
6<sup>th</sup> 1 Thessalonians 4  
7<sup>th</sup> 1 Thessalonians 5  
8<sup>th</sup> 2 Thessalonians 1  
9<sup>th</sup> 2 Thessalonians 2  
12<sup>th</sup> 2 Thessalonians 3  
13<sup>th</sup> 2 Peter 1  
14<sup>th</sup> 2 Peter 2  
15<sup>th</sup> 2 Peter 3  
16<sup>th</sup> Jude 1  
19<sup>th</sup> Revelation 1  
20<sup>th</sup> Revelation 2  
21<sup>st</sup> Revelation 3  
22<sup>nd</sup> Revelation 4  
23<sup>rd</sup> Revelation 5  
26<sup>th</sup> Revelation 6  
27<sup>th</sup> Revelation 7  
28<sup>th</sup> Revelation 8

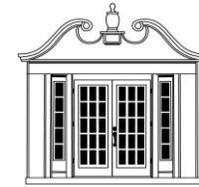
29<sup>th</sup> Revelation 9  
30<sup>th</sup> Revelation 10

**November 2<sup>nd</sup>** Revelation 11

3<sup>rd</sup> Revelation 12  
4<sup>th</sup> Revelation 13  
5<sup>th</sup> Revelation 14  
6<sup>th</sup> Revelation 15  
9<sup>th</sup> Revelation 16  
10<sup>th</sup> Revelation 17  
11<sup>th</sup> Revelation 18  
12<sup>th</sup> Revelation 19  
13<sup>th</sup> Revelation 20  
16<sup>th</sup> Revelation 21  
17<sup>th</sup> Revelation 22  
18<sup>th</sup> Luke 1  
19<sup>th</sup> Luke 2  
20<sup>th</sup> Luke 3  
23<sup>rd</sup> Luke 4  
24<sup>th</sup> Luke 5  
25<sup>th</sup> Luke 6  
26<sup>th</sup> Luke 7  
27<sup>th</sup> Luke 8  
30<sup>th</sup> Luke 9

**December 1<sup>st</sup>** Luke 10

2<sup>nd</sup> Luke 11  
3<sup>rd</sup> Luke 12  
4<sup>th</sup> Luke 13  
7<sup>th</sup> Luke 14  
8<sup>th</sup> Luke 15  
9<sup>th</sup> Luke 16  
10<sup>th</sup> Luke 17  
11<sup>th</sup> Luke 18  
14<sup>th</sup> Luke 19  
15<sup>th</sup> Luke 20  
16<sup>th</sup> Luke 21  
17<sup>th</sup> Luke 22  
18<sup>th</sup> Luke 23  
21<sup>st</sup> Luke 24  
22<sup>nd</sup> 2 John 1  
23<sup>rd</sup> 3 John 1  
24<sup>th</sup> 1 Peter 1  
25<sup>th</sup> 1 Peter 2  
28<sup>th</sup> 1 Peter 3  
29<sup>th</sup> 1 Peter 4  
30<sup>th</sup> 1 Peter 5  
31<sup>st</sup> Philippians 3:13-14



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